

Positive Alternatives 2015 - 16 Quarterly Update

Grantee: Pregnancy Options LifeCare Center

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Goal: To provide necessary services and referrals to pregnant and parenting women in southern Minnesota

For the period: July, August, & September 2015

Activity or Service	Activity or Service Description <small>Major Work Plan Activities</small>	Work Plan Count	Program Progress and Accomplishments <small>Report the progress and accomplishments made this period on each activity.</small>	Report Count
Administrative Activities	Hire and train volunteers; coordinate donations of baby store incentives; assess staff conduct all administrative duties		We have started to assess our curriculum for the EWYL program. We have implemented a new intake process for both EWYL clients and pregnancy test. We have also started using Ekyros to schedule appointments and track statistics.	
Outreach	Promote incentive education program to English, Spanish, Somali speaking clients; increasing capacity		We added a few Somali translators to work a few hours a week to meet the needs of the Somali women.	
Case Management Services	Follow-up with incentive education program clients to assess progress and facilitate access to resources	100	We have continued to check clients at least once a month to make sure their needs continue to be met.	268
Crib Distribution/ Sleep Safety Education	Award cribs through Cradle of Hope crib distribution program; provide sleep safety education through incentive education program	5	We continue to offer Safe Sleep education to our clients as we partner with Cradles of Hope to offer Pack-N-Plays. (Provided 3 Safe Sleep options for clients outside of Cradle of Hope, not included in the report count.)	3

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Financial Assistance	Provide assistance with completing Financial assistance forms; provide Scholarships for Mom educational programs; provide prepaid cards for assistance in emergency situations	7	We continue to offer assistance in filling out applications for insurance, rental applications and assist with Motherhood grants. We continue to offer prepaid cards as we are able.	11
Interpreter Services	Provide interpreters for Spanish-speaking and Somali-speaking clients	5	109-Spanish- We employ a client advocate that speaks Spanish for all our Spanish speaking client that would not be able to communicate with English. 15-Somali- We employ two Somali interpreters who fill in on an on-call basis to assist with the Somali women who come into our center	124
Life-Skills Education Program	Provide educational programs that have components specifically about building life skills	35	We have expanded our educational training to include more life skills training.	138
Material Support	Provide baby clothing, diapers, layettes, baby equipment to pregnant and parenting women not included in incentive program.	40	We continue to assess the clients and give material support as needed and as we are able that is not included in the EWYL incentive program.	35
Mental Health	Refer clients for mental health assessment; refer to or assist clients with entering treatment programs	5	As it arises we refer clients to seek help outside of our facility.	3
Nutrition	Provide prenatal vitamins, folic acid, nutrition education programs, referrals to food shelves	20	We continue to provide services to the clients with free prenatal vitamins, nutritional educational programs and referrals as needed.	13
Parenting Education	Assist clients in accessing needed services; enroll clients in parenting education incentive program and assess needs through Life Coaching; meet with clients to complete assignments and provide	200	We continue to see an increase in the desire to learn and remain committed to classes in both Life Coaching and Parenting Education.	221

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	Life Coaching			
Pregnancy Education	Assist clients in accessing needed services; enroll clients in pregnancy education incentive program and assess individual needs; meet individually with clients to complete assignments	35	We continue to educate our clients with pregnancy education and include Life Coaching skills to better prepare the expecting clients for birth.	45
Pregnancy Testing	Provide program eligibility assessment, pregnancy counseling and testing	7	We continue to offer pregnancy test and counsel for pregnancy concerns.	15
Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	7	We are now closely working with S.A.L.T. (Somali Adult Literacy Training.) We continue to assess and aid in the necessary services available within the community.	20
Transportation	Provide transportation vouchers to clients attending educational programs	3	We continue to offer transportation vouchers as we have them to assist clients in the challenge of getting to our center.	3

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	12
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	2

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	4
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	3
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	1

Challenges: With the change of staff we are seeing a change in the documentation with items and where they are to be documented. As we move forward we are putting in place written policies that will clear up these confusions. We are also looking at needing to change some curriculum to better prepare mothers at the time of graduation from the program.

Comments: With the transition of staff we continue to see our numbers hold strong. We will be looking into more information for training/educating our Somali clients. We have also begun a search for the “shaken baby” model to use in the training of clients.